

BREAKFAST

MONDAY-FRIDAY: 7AM-11:30AM SATURDAY-SUNDAY: 7AM-2PM

HOT DRINKS

intelligentsia coffee

HOUSE COFFEE	2.25	3.25
FRENCH PRESS COFFEE (serves 2–3)		8
AMERICANO		3
HAMMERHEAD		3.75
HOT TEA serving Art of Tea earl grey, english breakfast green, ethos, pacific mint, t lemon ginger, blood orange	beach,	3.25
MATCHA GREEN TEA LATTE	4.50	4.95

lemon ginger, blood orange	
MATCHA GREEN TEA LATTE 4.50	4.95
CHAI LATTE 4	4.50
ESPRESSO 2.75	3.50
MACCHIATO	3.25
CAFÉ LATTE 4	4.50
WHITE CHOCOLATE LATTE 4.50	4.95
CAFÉ AU LAIT 3.	.50 4
CAPPUCCINO	3.75
MOCHA 4.50	4.95
HOT CHOCOLATE 2.50 3.	.50 4
EXTRA ESPRESSO SHOT	.75
SOY OR ALMOND MILK	.75
FLAVORS hazelnut, vanilla, sugar free vanill caramel, peppermint	.75 Ia,

COLD DRINKS

COLD DRINKS		
MILK 2	3 4	
PEACH JUICE 2	3 4	
FRESH LEMONADE	3.25	
ARNOLD PALMER	3.25	
ICED TEA zinc passionfruit, black, hibiscus	3.25 , green	
ICED MATCHA GREEN TEA LATTE	4.95	
ICED CHAI	4.50	
ICED COFFEE	3.20	
ICED LATTE	4.50	
ICED MOCHA	4.95	
ICED CAPPUCCINO	3.75	
ICED WHITE CHOCOLATE LATTE	4.95	
ICED ESPRESSO	2.75	
ZINC SUNRISE orange, peach, raspberry purée	3.95	
ORGANIC JUICE 2.95 4.2 ORANGE or GRAPEFRUIT	5 6.25	

SPECIALTIES

10

FRENCH TOAST

with orange butter and maple syrup

ZINC WAFFLE

oats and nuts, seasonal tropical fruit, fresh ricotta and ginger syrup

BELGIAN WAFFLE

with butter and maple syrup

AVOCADO BREAKFAST TOAST

smashed avocado, butter, radish salad, chives, lemon zest | add poached eggs +2 each

BREAKFAST BAHN MI

egg crepe, seitan, pickled carrots, jalapeño, hoisin sauce, butter and mayonnaise | +2

EGGS

organic eggs gluten free bread +1

POACHED EGGS ON TOAST on buttered toast with cherry tomato	7 single 9 double
BOILED EGG PLATE with sliced banana, strawberries, orange wedges, and	9 I toast
BREAKFAST BURRITO BOWL OR WRAP scrambled eggs, vegetarian sausage and onion sauté white cheddar cheese, avocado, pico de gallo and fire roasted salsa	10
BREAKFAST QUICHE a la carte or with toast and melon	7 10
HEALTHY SCRAMBLED PLATE egg whites, black beans, brown rice, marinara, and m	11 nelon
SCRAMBLED EGG PLATE with leeks, toast, and melon	11
HUEVOS RANCHEROS flour or corn tortilla with black bean chili, mango salsa smoked gouda, poached egg, marinara add extra e	
BAKED SPANISH EGG CASSEROLE spanish peppers, ricotta cheese, gouda, paprika, cracked pepper	11

OMELETTES

served with fruit and toast or potatoes

ASPARAGUS & MUSHROOM

asparagus, mushrooms, goat cheese, lemon zest

SPANISH

spanish peppers and potatoes, topped with toasted bread crumbs.

FINE HERB

ricotta cheese blended with fine herbs, parmesan, lemon zest

MEDITERRANEAN

spinach, feta cheese, roasted tomatoes, lemon zest

BREADS & BAKED GOODS

all baked goods are house made daily baked goods cannot be heated

TOAST by Bread Lounge sourdough | wheat | walnut fig gluten free

BAGEL

whole wheat | sesame | plain everything — with jam, butter, or cream cheese

SCONE

ask server for today's flavor ginger | cranberry walnut | currant

BREAKFAST BAR

OAT CAKE

CINNAMON POP-OVER

CROISSANT

DAILY MUFFIN

GLUTEN FREE MUFFIN

CEREAL

CENEAL	
GRANOLA plain or with banana	7
with berries	8
OATMEAL	
with brown sugar, raisins, milk	7
with dried cherry nut topping	8
with dried cherry nut topping and berries	9
MUESLI contains blueberries, grated apple, chopped orange in cream soaked oats	7
with nut topping	8
FRUIT	

YOGURT

SEASONAL cup 4.50 | bowl 6.25

cup 6.25 | bowl 7

cup 3 | bowl 4

PLAIN NON-FAT

BERRIES

VANILLA LOW-FAT

SIDES

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available with eggs & omelettes 2

EXTRA EGG OR EGG WHITE

MUFFIN SUBSTITUTE

BREAKFAST POTATOES 2 | 5

COLD-PRESSED JUICES

The Raw Juicery | daily selection varies 9

KOMBUCHA ON DRAUGHT

health-ade
pink lady, beet, or seasonal option
3.50 | 5



LUNCH

MONDAY-FRIDAY: 11:30AM-5PM SATURDAY-SUNDAY: 12PM-5PM

WOOD FIRED

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MARGHERITA

red sauce, fresh mozzarella, basil, parmesan

BLANCO

mozzarella, grana padano, ricotta, olive oil, lemon zest with salad greens +2

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PESTO PIZZA

housemade pesto, roasted peppers, goat cheese, sun-dried tomatoes, toasted pine nuts, lemon rind

POTATO ARUGULA

olive oil, chili flakes, raclette, parmesan, roasted potato, fresh arugula, balsamic vinegar

VEGETARIAN SAUSAGE & FENNEL

red or white sauce, fontina cheese, vegetarian sausage, roasted fennel, onion, chili flakes, sea salt, parmesan, fennel tops

SOUTHWEST

chipotle sauce, blackbeans, roasted corn, tomato and aged gouda

FUNGHI

white sauce, garlic confit, gruyére cheese, sautéed assorted mushrooms, jalapeño, red onion parmesan, fresh dill

BLOOMSBURY SPINACH

white sauce, mozzarella, ricotta, garlic confit, spinach, pine nuts +1

SEASONAL

please ask you server price varies

DAIRY FREE CHEESE +1.50
GLUTEN FREE CRUST +2

PLEASE BE AWARE THAT CROSS
CONTAMINATION MAY OCCUR WITH
ALLERGENS IN THE ZINC KITCHEN

AN 18% GRATUITY WILL BE ADDED FOR GROUPS OF 8 OR LARGER

SPECIALTIES

ZINC FRIES

double fried and tossed with thyme or truffle salt 7

GUACAMOLE with CHIPS

housemade with lime, jalapeño, cilantro, red onion 10

SPROUTED HUMMUS PLATE

served with pita bread, olives, roasted peppers and feta cheese 10

TOSTADA

black bean chili, sharp cheddar, lettuce, sour cream, guacamole, pico de gallo, fire roasted salsa 11

ZINC LUNCH BURRITO BOWL OR WRAP

black beans, brown rice, white cheddar cheese, sour cream, avocado, cabbage, pico de gallo 10

QUICHE PLATE

greens with tomato, feta and zinc vinaigrette,
with soup or chili

ASPARAGUS SANDWICH

toasted sourdough, cauliflower purée, asparagus spears, white cheddar cheese, poached egg, toasted bread crumbs, served with mixed greens

ZINC BURGER

a house made vegetarian patty with brown rice, walnuts, mushrooms, cheese and eggs—served with mixed greens soup or chili +2

TRADITIONAL 12 lettuce, tomato, red onion, avocado, zinc sauce

MUSHROOM DIJON BURGER
sautéed mushrooms, braised onion, melted gruyere
cheese, dijon aioli

ROASTED PEPPER & BRIE 14 melted brie, peppers and arugula with dijon aioli

SANDWICHES

bread by Bread Lounge–served with mixed greens 12 | add soup or chili +2

GRILLED CHEESE ON SOURDOUGH

gruyère, cornichons, tomato, marinated onion, mustard served with mixed greens | whole only

ZINC REUBENESQUE ON PUMPERNICKEL

baked beets, sauerkraut, gruyère, russian dressing, coriander seed, sea salt—toasted | whole only

EGG SALAD ON WHOLE WHEAT SOURDOUGH traditional egg salad with lettuce, tomato, tabasco, dijon

CAPRESE ON FRENCH BAGUETTE

tomatoes, basil, olive oil, balsamic, salt & pepper—toasted

BRIE, ARUGULA & PEPPERS ON FRENCH BAGUETTE brie, arugula, roasted bell peppers, dijon, salt & pepper—toasted

ENTRÉES

served with mixed greens—add soup or chili +2 14

MACARONI & CHEESE

goat cheese, white cheddar, fontina, parmesan, béchamel, bread crumbs

MUSHROOM NUT LOAF

baked loaf of brown rice, mushrooms, onion, gruyère, marinara

EGGPLANT PARMESAN

roasted eggplant, ricotta cheese, tomato sauce, parmesan

STUFFED PEPPER

brown rice, mushrooms, celery, creamed swiss chard, marinara $\,$

SPINACH LASAGNA

sautéed spinach, ricotta cheese, parmesan, marinara

SOUP & CHILI

SOUP DU JOUR 4.95 | 6.95 see our daily specials menu

ZINC CHILI 6.25 | 8.75 chili with chopped tomatoes, sour cream, green onion and garlic knot

SALADS

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ZINC SALAD half 7 | full 10 greens, pine nuts, feta cheese, kalamata olives, croutons, tomatoes —dressed with zinc vinaigrette

BABY ROMAINE SALAD 13.95

greens, avocado, grapefruit, red onion, fromager d'affinois—dressed with zinc house blue cheese

HEIRLOOM TOMATO 13.95 & BURRATA

gluten free availalbe +1 heirloom tomatos, arugula, french olives, burrata—dressed with olive oil and balsamic, with country bread

CHEF'S SALAD

french green beans, fingerling potato, avocado, gruyère, hard boiled egg, cherry tomato, french olives—dressed with a lemon dressing

13.95

THAI SALAD

brown rice, shredded napa cabbage and carrots, bean sprouts, braised tofu, peanuts, fresh basil and mint—dressed with a thai ginger dressing

SALAD BAR

12.50 per lb

visit the marketplace for a sampler plate of our many freshly made salads & vegetables

PASTA

16

QUINOA CAPELLINI WITH MARINARA

gluten free pasta with marinara, gluten free bread crumbs optional garlic bread baguette

PAPPARDELLE WITH BITTER GREENS

blanched bitter greens, assorted mushrooms, poached egg, black pepper, bread crumbs, lemon zest

CITRUS CRÈME LINGUINE

gluten free pasta availalbe +1.50 asparagus, peas, shallots, crème fraîche, parmesan

DESSERTS

6.95

TIRAMISU

LEMON SQUARE whipped cream

WARM BROWNIE

vanilla ice cream

FLOURLESS CHOCOLATE CAKE

crème anglaise and raspberry purée

RUSSIAN CREAM

with citrus and mint

AFFOGATO

vanilla ice cream, espresso and candied orange peel

ITALIAN GROUND ALMOND TEA CAKE

fresh berries and raspberry purée